

## **Sara Evans-Lacko, PhD**

Associate Professorial Research Fellow  
London School of Economics and Political Science  
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S.Evans-Lacko@lse.ac.uk

### **EDUCATION**

- July 2007                      **Johns Hopkins Bloomberg School of Public Health**, Baltimore, Maryland  
PhD, Department of Health Policy and Management
- Dissertation:** Patterns of Service Utilization for Youth with Bipolar Disorder  
Doctoral Advisor: Dr. Anne Riley  
Co-Advisor: Dr. Donald Steinwachs
- 2003                              **Johns Hopkins Bloomberg School of Public Health**, Baltimore, Maryland  
Master of Health Science (M.H.S.), Department of Mental Health
- 2002                              **University of Michigan**, Ann Arbor, Michigan  
B.S., Biopsychology and Cognitive Science

### **EMPLOYMENT / RESEARCH EXPERIENCE**

- 2015-present                Associate Professor, London School of Economics and Political Science (0.8FTE)
- 2015-present                Senior Lecturer, King's College, Institute of Psychiatry, Psychology & Neuroscience (0.2 FTE)
- 2011-present                Lecturer, King's College, Institute of Psychiatry, Psychology & Neuroscience
- 2012-present                Visiting Professor, Mackenzie University, Sao Paulo, Brazil
- 2011-present                Visiting Research Associate, London School of Economics and Political Science
- 2007-2011                    Postdoctoral Researcher, King's College, Institute of Psychiatry.

2003-2010	Health Care Consultant, National Institute of Mental Health, USA.
2005-2007	Graduate Research Assistant, Johns Hopkins Medical Institution
2002-2003	Graduate Research Assistant, Johns Hopkins Bloomberg School of Public Health
1998-2002	Research Assistant, University of Michigan

### **RESEARCH GRANT AWARDS**

2016	Principal Investigator. Networking and Care: Helping young people with mental health problems through outreach and eHealth.(NCore) (€149,974, European Research Council Proof of Concept)
2014	Co-Investigator. Substance abuse and emotional well-being among secondary school students in Lagos, Nigeria: prevalence, attitudes and care. (£15,203, Lagos State Research & Development Council). (Additional investigators: PI: Yewande Oshodi, Co-Investigators: Peter Onifade, Oluwatosin Akinsola, Joseph Adeyemi, Graham Thornicroft)
2013	Principal Investigator. Adolescent precursors to psychiatric disorder – learning from user service engagement (APPLAUSE). (€1,499,948, European Research Council Starting Grant)
2012	Co-Investigator. Understanding why people with mental health problems do not seek help: a quantitative and qualitative study (£84,036.21, Maudsley Charitable Funds) (Additional investigators: PI: Dr. June Brown)
2012	Co-Investigator. Management by Geographic Area or Management by Disorder? An evaluation of Effects of an Organisational Intervention on Secondary Mental Health Care for Common Mental Disorder. (£445,810, National Institute for Health Research) (Additional investigators: PI: Prof. Graham Thornicroft, Co-Investigators: Dr. Alex Tulloch, Prof. Paul McCrone, Prof Andre Tylee, Dr. Diana Rose, Dr. Mizanur Khondoker)
2011	Principal Investigator. Sao Paulo-London Collaborative Mental Health Services Research Network (£1,700,

Santander) (Additional investigators: Cristiane Silvestre de Paula)

- 2010 Co-Investigator. Help-seeking among those with diagnosed mental health problems in the community (£9,000, Biomedical Research Centre) (Additional investigators: PI: Dr. June Brown, Co-Investigators: Ms. Joanna Murray, Professor Graham Thornicroft)
- 2010 Principal Investigator. Variations in care pathways among youth at risk of schizophrenia (£45,000, Psychiatry Research Trust) (Additional investigators: Kristin Laurens)
- 2010 Co-Investigator. Imagine Your Goals anti-stigma intervention (£93,112, Big Lottery) (Additional investigators: PI: Dr. Claire Henderson. Co-Investigators: Professor Graham Thornicroft, Professor Paul McCrone).
- 2003-2007 Predoctoral Trainee - National Institute of Mental Health, Child and Adolescent Mental Health Services and Systems Institutional Kirschstein Award (National Institutes of Mental Health, T32 MH 19545-12, \$150,000), Johns Hopkins University Bloomberg School of Public Health

#### TEACHING & PROGRAMME DEVELOPMENT EXPERIENCE

- 2013-present Academic Programme Leader, Institute of Psychiatry MSc module on Research on Stigma and Discrimination
- 2013-present Academic Programme Leader, Summer course for Brazilian psychologists: "How a psychologist might make a difference in mental health services"
- 2011-present Invited Theme Leader – Exclusion, Discrimination and Stigma KISS-DTC (King's Interdisciplinary Social Science Doctoral Training Centre) Research
- 2011-present Academic Programme Leader, Institute of Psychiatry Summer Course on Research on Stigma and Discrimination
- 2009-2011 Tutor in Biostatistics and Epidemiology, MSc Health Service and Population Research Department
- 2005-2007 Graduate Seminar in Child, Adolescent, and Family Mental Health Services Research. Departments of Mental Health

and Health Policy and Management, Johns Hopkins  
Bloomberg School of Public Health.

2006 Teaching at the University Level (3 credits, Johns Hopkins  
Bloomberg School of Public Health)

### **DOCTORAL RESEARCH STUDENTS**

Sandesh Samudre. Health Service and Population Research Department. Service user and caregiver involvement for strengthening the mental health service delivery in India. (Start date: February 2016).

Norha Vera. Health Service and Population Research Department. Recovery From Mental Disorders and the Role of Informal Carers in Recovery in Latin America. (Start date: February 2016).

Petra Gronholm. Health Service and Population Research Department. The early impact of stigma and discrimination on care trajectories for young people at risk of psychotic disorders. (PhD awarded June 2016).

Gareth Hopkin. Health Service and Population Research Department. Critical Time Intervention for severely mentally ill released prisoners. (PhD awarded December 2016).

### **AD HOC REVIEWER**

2011-present	NIHR Health Services Research Programme (NIHR HSR)
2011-present	Netherlands Organisation for Health Research & Development
2011-present	Ontario Mental Health Foundation Grants
2011-present	Social Sciences and Humanities Research Council of Canada

I regularly review for the following journals: American Journal of Psychiatry, American Journal of Psychiatric Rehabilitation, American Journal of Preventive Medicine, American Journal of Public Health, Archives of Pediatric and Adolescent Medicine, Association for Child & Adolescent Mental health-Book Reviews, British Journal of Psychiatry, Epidemiology and Psychiatric Sciences, European Archives of Psychiatry and Clinical Neuroscience, European Psychiatry, Human Psychopharmacology, International Journal of Social Psychiatry, Journal of Behavioural Health Services & Research, Journal of Child Psychology and Psychiatry, Journal of Mental Health, Journal of Public Mental Health, Psychiatry Research, PLoS ONE, Psychiatric Services, Psychological Medicine, Revista Panamericana de Salud Pública/Pan American Journal of Public Health, Social Psychiatry and Psychiatric Epidemiology, Social Science and Medicine

### **AWARDS/PROFESSIONAL ACTIVITIES**

2016-present	Associate Editor: <i>Social Science and Medicine</i>
2015 –present	Associate Editor: <i>Stigma and Health</i>
2015-present	Associate Editor: <i>Social Psychiatry and Psychiatric Epidemiology</i>
2012-present	Associate Editor: <i>BMC Public Health</i>
2012-2016	Health Service and Population Department PhD sub-committee member
2011-2015	KISS-DTC (King's Interdisciplinary Social Science Doctoral Training Centre) Operations Executive
2011-present	Member of the Institute of Psychiatry, Health Service and Population Research Department Management Team
2010-present	Member of NIHR Evaluation Trials and Studies Coordinating Centre (NETSCC) College of Experts
2010-2015	Editorial Board Member: <i>Frontiers in Child and Neurodevelopmental Psychiatry</i>
2008-2011	Mentor, IoP mentoring scheme for female academics
2005	Travel Award Recipient Annual Meeting of the American College of Neuropsychopharmacology (ACNP). Kona, Hawaii
2005	Selected Participant: Career Development Program for Bipolar Disorder Boca Raton, Florida
2004	Johns Hopkins Risk Policy Institute Certification: Patient Outcomes and Quality of Healthcare, Barcelona, Spain

## **MANUSCRIPTS**

**(h-index = 28, taken from Google Scholar)**

### ***Peer-Reviewed Publications***

- 1) Gronholm P., Thornicroft G., Laurens K., **Evans-Lacko S.** Mental health-related stigma and pathways to care for people at-risk of psychotic disorders or experiencing first-episode psychosis: systematic review. (*Psychological Medicine*, in press).
- 2) Gronholm P., Thornicroft G., Laurens K., **Evans-Lacko S.** Conditional Disclosure on

Pathways to Care: Coping Preferences of Young People at Risk of Psychosis. (In press, Qualitative Health Research).

- 3) Thornicroft G, Chatterji S, **Evans-Lacko S**, Gruber M, Sampson N, Aguilar-Gaxiola S, Al-Hamzawi A, Alonso J, Andrade K, Borges G, Bruffaerts R, Bunting B, Almeida JCM, Florescu S, Girolamo G, Oye Gureje, Haro JM, He Y, Hinkov H, Karam E, Kawakami N, Lee S, Navarro-Mateu F, Piazza M, Posada-Villa J, Galvis Y, Kessler RN. Undertreatment of people with major depressive disorder in 21 countries. *The British Journal of Psychiatry* (2016). 1–6. doi: 10.1192/bjp.bp.116.188078.
- 4) Keynejad R, Semrau M, Toynbee M, **Evans-Lacko S**, Lund C, Gureje O, Ndyabangi S, Courtin E, Abdulmalik JO, Alem A, Fekadu A, Thornicroft G, Hanlon C. Building the capacity of policy-makers and planners to strengthen mental health systems in low- and middle-income countries: a systematic review, *BMC Health Services Research* (2016) 16:601.
- 5) Janoušková M, Tušková E, Weissová A, Trančík P, Pasz J, **Evans-Lacko S**, Winkler P. Can video interventions be used to effectively destigmatize mental illness among young people? A systematic review. *Eur Psychiatry*. 2016 Dec 27;41:1-9.
- 6) Kovess-Masfety V, **Evans-Lacko S**, Williams D, Andrade LH, Benjet C, Ten Have M, Wardenaar K, Karam EG, Bruffaerts R, Abdumalik J, Haro Abad JM, Florescu S, Wu B, De Jonge P, Altwaijri Y, Hinkov H, Kawakami N, Caldas-de-Almeida JM, Bromet E, de Girolamo G, Posada-Villa J, Al-Hamzawi A, Huang Y, Hu C, Viana MC, Fayyad J, Medina-Mora ME, Demyttenaere K, Lepine JP, Murphy S, Xavier M, Takeshima T, Gureje O. The role of religious advisors in mental health care in the World Mental Health surveys. *Soc Psychiatry Psychiatr Epidemiol*. 2016 Nov 2. [Epub ahead of print]
- 7) Sampogna G, Bakolis I, **Evans-Lacko S**, Robinson E, Thornicroft G, Henderson C. The impact of social marketing campaigns on reducing mental health stigma: Results from the 2009-2014 Time to Change programme. *European Psychiatry* 12/2016; 40. DOI:10.1016/j.eurpsy.2016.08.008
- 8) **Evans-Lacko S**, Knapp M. Global patterns of workplace productivity for people with depression: absenteeism and presenteeism costs across eight diverse countries. *Social Psychiatry and Psychiatric Epidemiology*. 2016: Nov;51(11):1525-1537.
- 9) **Evans-Lacko S**, Takizawa R, Brimblecombe N, King D, Knapp M, Maughan B, Arseneault L. Childhood bullying victimisation is associated with use of mental health services over 5 decades: A Longitudinal nationally-representative cohort study. *Psychological Medicine*. 2017: Jan;47(1):127-135.
- 10) Henderson C, Robinson E, **Evans-Lacko S**, Corker E, Rebollo-Mesa I, Rose D, Thornicroft G. Public knowledge, attitudes, social distance and reported contact regarding people with mental illness 2009–2015. *Acta Psychiatr Scand* 2016: 134 (Suppl. 446): 23–33.

- 11) Winkler P, Mladá K; Janoušková M; Weissová A; Tušková E; Csémy<sup>a</sup>L; Evans-Lacko S. Attitudes towards the people with mental illness: comparison between Czech medical doctors and general population. *Social Psychiatry and Psychiatric Epidemiology*. (In press).
- 12) Service user involvement for mental health system strengthening in India: a qualitative study.
- 13) Samudre S, Shidhaye R, Ahuja S, Nanda S, Khan A, **Evans-Lacko S**, Hanlon C. *BMC Psychiatry*. 2016 Jul 28;16:269. doi: 10.1186/s12888-016-0981-8.
- 14) **Evans-Lacko S**, Ribeiro W, Brietzke E, Knapp M, Mari J, McDaid D, Paula C, Romeo R, Thornicroft G, Wissow L. Lean economies and innovation in mental health systems. *Lancet*. 2016 April 387.
- 15) **Evans-Lacko S**, Koeser L, Knapp M, Longhitano C, Zohar J, Kuhn K. Evaluating the economic impact of screening and treatment for depression in the workplace. *Eur Neuropsychopharmacol*. 2016 Apr 13.
- 16) Petersen I, **Evans-Lacko S**, Semrau M, Barry MM, Chisholm D, Gronholm P, Egbe CO, Thornicroft G. Promotion, prevention and protection: interventions at the population- and community-levels for mental, neurological and substance use disorders in low-and middle-income countries. *Int J Ment Health Syst*. 2016 Apr 11;10:30
- 17) Pingani L., **Evans-Lacko S**, Luciano M, Del Vecchio V, Ferrari S, Sampogna G, Croci I, Del Fatto T, Rigatelli M, Fiorillo A. Psychometric validation of the Italian version of the Reported and Intended Behaviour Scale (RIBS). *Epidemiology and Psychiatric Sciences*. 2015 Jul 30:1-8.
- 18) Semrau M, Lempp H, Keynejad R, **Evans-Lacko S**, Mugisha J, Raja S, Lamichhane J, Alem A, Thornicroft G, Hanlon C. Service user and caregiver involvement in mental health system strengthening in low- and middle-income countries: systematic review. *BMC Health Serv Res*. 2016 Mar 1;16(1):79.
- 19) Mojtabai R., **Evans-Lacko S.**, Schomerus G., Thornicroft G. Attitudes toward mental health help-seeking as predictors of future help-seeking behavior and use of mental health treatments. *Psychiatric Services*. 2016 Feb 14.
- 20) Martin-Carrasco M., **Evans-Lacko S.**, Dom G., Christodoulou NG, Samochowiec J., Gonzalez-Fraile E., Bienkowski P., Gomez-Beneyto M., Dos Santos MJ, Wasserman D. EPA Guidance on mental health and economic crises in Europe. *European Archives of Psychiatry Clinical Neuroscience*. 2016 Mar;266(2):89-124.
- 21) Pingani L, Catellani S, Del Vecchio V, Sampogna G, Ellefson SE, Rigatelli M, Fiorillo A, **Evans-Lacko S**, Corrigan PW. Stigma in the context of schools: analysis of the

phenomenon of stigma in a population of university students. *BMC Psychiatry*. 2016 Feb 9;16:29.

- 22) Dom G., Samochowiec J., **Evans-Lacko S.**, Wahlbeck K., Van Hal G., McDaid D. The impact of the 2008 economic crisis on substance use patterns in the countries of the European Union. *International Journal of Environmental Research and Public Health*. 2016 Jan 13;13(1).
- 23) Mehta N., Clement S., Marcus E., Stona A-C, Bezborodovs N., **Evans-Lacko S.**, Palacios J., Docherty M., Barley E., Rose D., Koschorke M., Shidhaye R., Henderson C., Thornicroft G. Evidence for effective interventions to reduce mental health-related stigma and discrimination in the medium and long term: systematic review. *The British Journal of Psychiatry*. 2015; 207(5):377-384.
- 24) Rubio-Valera M, Fernández A, **Evans-Lacko S**, Luciano JV, Thornicroft G, Aznar-Lou I, Serrano-Blanco A. Impact of the mass-media OBERTAMENT campaign on the levels of stigma among the population of Catalonia, Spain. *European Psychiatry*. 2016; Jan; 31: 44-51.
- 25) Andrade MC, Slade M, Bandeira M, **Evans-Lacko S**, Komaroff J, Martin D, Mari JJ, Andreoli SB. Subjective distress in a representative sample of outpatients with psychotic disorders. *J Affect Disord*. 2015 Sep 28;189:220-223.
- 26) Evans-Polce RJ, Castaldelli-Maia JM, Schomerus G, **Evans-Lacko S**. The downside of tobacco control? Smoking and self-stigma: A systematic review. *Soc Sci Med*. 2015 Sep 25;145:26-34.
- 27) Thornicroft G, Mehta N, Clement S, **Evans-Lacko S**, Doherty M, Rose D, Koschorke M, Shidhaye R, O'Reilly C, Henderson C. Evidence for effective interventions to reduce mental health related stigma and discrimination. *Lancet*. 2015 Sep 22. pii: S0140-6736(15)00298-6.
- 28) Wykes T, Haro JM, Belli S R, Obradors-Tarragó C, Arango C, Ayuso-Mateos J-L, Bitter I, Brunn M, Chevreur K, Demotes-Mainard J, Elfeddali I, **Evans-Lacko S**, Fiorillo A, Forsman A, Hazo J-B, Kuepper R, Knappe S, Leboyer M, Lewis S W, Linszen D, Luciano M, Maj M, McDaid D, Miret M, Papp S, Park A-L, Schumann G, Thornicroft G, van der Feltz-Cornelis C, van Os J, Wahlbeck K, Walker-Tilley T, Wittchen H-U. Mental Health Research Priorities for Europe. *Lancet Psychiatry*. 2015; 2 (11): 1036-1042.
- 29) Henderson C, Robinson E, **Evans-Lacko S** , Corker E, Rebollo-Mesa I, Rose D, Thornicroft G. Public knowledge, attitudes, desire for social distance and reported contact regarding people with mental illness in England 2009-2015. (in press, *Lancet Psychiatry*).
- 30) Savage H. Murray J., Hatch SL, Hotopf M, **Evans-Lacko S\***, Brown J\*. Exploring professional help-seeking for mental disorders. 2016. *Qualitative Health Research*). Vol. 26(12) 1662–1673



- 31) Winkler P., Csémy L., Janoušková M, Mladá K., Bankovská Motlová L, **Evans-Lacko S.** Reported and intended behaviour towards those with mental health problems in the Czech Republic and England. (in press, *European Psychiatry*).
- 32) Semrau M., **Evans-Lacko S.**, Koschorke M., Ashenafi L., Thornicroft G. Stigma and discrimination related to mental illness in low and middle income countries. *Epidemiology and Psychiatric Sciences*. 2015; 24 (5): 382-294.
- 33) Lewer D., O'Reilly C, Mojtabai R, **Evans-Lacko, S.** Antidepressant use in 27 European countries: associations with socio-demographic, cultural and economic factors. *British Journal of Psychiatry*. 2015; 207(3): 221-226. DOI: 10.1192/bjp.bp.114.156786
- 34) Semrau M., **Evans-Lacko S.**, Alem A., Ayuso-Mateos JL., Chisholm D., Gureje O., Hanlon C., Jordans M., Kigozi F., Lempp H., Lund C., Petersen I., Shidhaye R., Thornicroft G. Strengthening mental health systems in low and middle-income countries: the EMERALD programme. *BMC Medicine*. 2015 Apr 10;13(1):79. doi: 10.1186/s12916-015-0309-4.
- 35) Bhugra D., Sartorius N., Fiorillo A., **Evans-Lacko S.**, Ventriglio A., Hermans MHM, Vallon P., Dales J., Racetovic G., Samochowiec J., Bennemar MR., Becker T., Kurimay T., Gaebel. EPA guidance on how to improve the image of psychiatry and of the psychiatrist. *European Psychiatry*. 2015. March; 30 (3): 423–430.
- 36) Gronholm PC, Ford T, Roberts RE, Thornicroft G, Laurens KR, **Evans-Lacko S.** Mental health service use by young people: the role of caregiver characteristics. *PLoS ONE*. 2015. Mar 26;10(3):e0120004. doi: 10.1371/journal.pone.0120004
- 37) Pingani L., **Evans-Lacko S.**, Del Vecchio V., Luciano M., Catellani S., Hamati A., Rigitelli M., Fiorillo A. University students' identification of stigmatizing schizophrenia in Italian newspapers. *American Journal of Orthopsychiatry*. 2015. March 85 (2): 139-144. doi: 10.1037/ort0000053.
- 38) Forsman AK, Wahlbeck K, Alonso J, Barry MM, Brunn M, Cardoso G, Cattan M, Girolamo G, Eberhand-Gran M, **Evans-Lacko S**, Fiorillo A, Hansson L, Haro JM, Hazo JB, Hegerl U, Katsching H, Knappe S, Luciano M, Miret M, Nordentoft M, Pilgrim D, Ruud T, Salize H, Stewart-Brown S, Tomason K, Feltz-Cornelis C, Ventus D, Vuori J, Varnik J. Research priorities of public mental health in Europe: Recommendations of the ROAMER project. *The European Journal of Public Health*. 2015. Apr;25(2):249-54; doi: 10.1093/eurpub/cku232.
- 39) Hankir A., Zaman R., **Evans-Lacko S.** The Wounded Healer: an effective anti-stigma intervention targeted at the medical profession? *Psychiatria Danubina*. 2014 Nov;26 Suppl 1:89-96.
- 40) Knapp M, Snell T, Healey A, Guglani S, **Evans-Lacko S**, Fernandez J-L, Meltzer H, Ford T. How do child and adolescent mental health problems influence public sector costs? Inter-individual variations in a nationally representative British sample. *Journal of*

Child Psychology and Psychiatry. 2014. Sep 29. doi: 10.1111/jcpp.12327. [Epub ahead of print].

- 41) Brown JSL, **Evans-Lacko S**, Aschan L, Henderson M, Hatch SL, Hotopf M. Seeking informal and formal help for mental health problems in the community: a secondary analysis from a psychiatric morbidity survey in South London. *BMC Psychiatry*. 2014. Oct 8;14(1):275.
- 42) **Evans-Lacko S**, Clement S, Corker E, Brohan E, Dockery L, Farrelly S, Hamilton S, Pinfold V, Rose D, Henderson C, Thornicroft G, McCrone P. How much does mental health discrimination cost: Valuing experienced discrimination in relation to healthcare care costs and community participation. *Epidemiology and Psychiatric Sciences*. 2014. Jun 6: 1-12. [Epub ahead of print].
- 43) **Evans-Lacko S**, Corker E., Williams P, Henderson C, Thornicroft G. Trends in mental illness related public stigma among the English population in 2003-2013: influence of the Time to Change anti-stigma campaign. 2014. *Lancet Psychiatry*. July; 1(2): 121-128.
- 44) Henderson C\*, Corker E\*, Hamilton S, Williams P, Pinfold V, Rose D, Webber M, **Evans-Lacko S** & Thornicroft G. Viewpoint survey of mental health service users' experiences of discrimination in England 2008-12. *Social Psychiatry and Psychiatric Epidemiology*. 2014. Oct; 49(10):1599-608.
- 45) Schomerus G\*, **Evans-Lacko S\***, Rüsç N, Mojtabai R, Angermeyer MC, Thornicroft G. Collective levels of stigma and national suicide rates in 25 European countries. *Epidemiology and Psychiatric Sciences*. 2015 Apr; 24 (2): 166-71.
- 46) **Evans-Lacko S.**, Courtin E., Fiorillo A., Knapp M., Luciano M., Park A., Brunn M., Byford S., Chevreur K., Forsman AK, Gulacsi L., Haro JM, Kennelly B., Knappe S., Lai T., Lasalvia A., Miret M., O'Sullivan C., Obradors-Tarragó C., Rüsç N., Sartorius N., Švab V., van Weeghel J., Van Audenhove C., Wahlbeck K., Zlati A., also on behalf of the ROAMER Consortium, McDaid D.\*, Thornicroft G. The state of the art in European research on reducing social exclusion and stigma related to mental health: a systematic mapping of the literature. *European Psychiatry*. 2014. 29: 381-389.
- 47) **Evans-Lacko S.**, Knapp M. Importance of social and cultural factors for attitudes, disclosure and time off work for depression: findings from a seven country European study on depression in the workplace. *PLoS ONE*. 2014. 9(3), e91053.
- 48) Haro JM, Ayuso-Mateos JL, Bitter I, Demotes-Mainard J, Leboyer M, Lewis SW, Linszen, D, Maj, M, McDaid, D, Meyer-Lindenberg, A, Robbins, TW, Schumann, G, Thornicroft, G, van der Feltz-Cornelis, C, van Os, J, Wahlbeck, K, Wittchen, HU, Wykes, T, Arango, A, Bickenbach, J, Brunn, M, Cammarata, P, Chevreur, K, **Evans-Lacko, S**, Finocchiaro, C, Fiorillo, A, Forsman, AK, Hazo, JB, Knappe, S, Kuepper, R, Luciano, M, Miret, M, Obradors-Tarragó, C, Pagano, G, Papp, S, Walker-Tilley, T. ROAMER: roadmap for mental health research in Europe. *Int J Methods Psychiatr Res* 2014 Jan;23 Suppl 1:1-14.

- 49) Clement S, Schauman O, Graham T, Maggioni F, **Evans-Lacko S**, Bezborodov N, Morgan C, Rusch N, Brown J.S.L., Thornicroft G. What is the impact of mental health-related stigma on help-seeking? A systematic review of quantitative and qualitative studies. *Psychological Medicine*. 2014 Feb; 26: 1-17.
- 50) **Evans-Lacko S**, Knapp M, McCrone P, Thornicroft G, Mojtabai R. The Mental Health Consequences of the Recession: Economic Hardship and Employment of People with Mental Health Problems in 27 European Countries. *PLoS ONE*. 2013; 8(7): e69792. doi:10.1371/journal.pone.0069792.
- 51) Malcolm E., Little K., **Evans-Lacko S.**, Henderson C., Thornicroft G. The impact of exercise projects to promote mental wellbeing. *Journal of Mental Health*. 2013 Dec;22(6):519-27.
- 52) Clement S., Lassman F., Barley E., **Evans-Lacko S.**, Williams P., Yamaguchi S., Slade M., Rüscher N., Thornicroft G. Mass media interventions for reducing mental health-related stigma. *Cochrane Database of Systematic Reviews* 2013, Issue 7. Art. No.: CD009453. DOI: 10.1002/14651858.CD009453.pub2.
- 53) Brohan E., **Evans-Lacko S.**, Henderson C., Murray J., Slade M., Thornicroft G. Disclosure of a mental health problem in the employment context: Qualitative study of beliefs and experiences. *Epidemiology and Psychiatric Sciences*. 2013 Aug 6: 1-12.
- 54) Ribeiro W., Mari JJ, Quintana I, Dewey ME, **Evans-Lacko S**, Vilete LMP, Figueira I, Bressan RA, Mello MF, Prince M, Ferri C, Coutinho ESF, Andreoli SB. The Impact of Epidemic Violence on the Prevalence of Psychiatric Disorders in Sao Paulo and Rio de Janeiro, Brazil. *Plos One*. 2013; 8(5): e63545. doi:10.1371/journal.pone.0063545.
- 55) **Evans-Lacko S**, Malcolm E., West K., Rose D, London J., Rüscher N, Little, K., Henderson C, Thornicroft G. Influence of Time to Change's social marketing interventions on stigma in England 2009-2011. *British Journal of Psychiatry*. Suppl. 2013 Apr;55:s77-s88.
- 56) Snell T, Knapp M, Healey A. Guglani S, **Evans-Lacko S**, Fernandez JL, Meltzer H, Ford T. Economic impact of childhood psychiatric disorder on public sector services in Britain: estimates from national survey data. *Journal of Child Psychology and Psychiatry*, 2013. 54, (9) 977-985.
- 57) Henderson C, **Evans-Lacko S**, Thornicroft G., Mental illness stigma, help-seeking and public health programmes. *American Journal of Public Health*. 2013 May;103(5):777-80.
- 58) **Evans-Lacko S**, Henderson C, Thornicroft, McCrone P. Economic evaluation of the anti-stigma social marketing campaign in England 2009-2011. *British Journal of Psychiatry*. Suppl. 2013 Apr;55:s95-s101.
- 59) **Evans-Lacko S**, Henderson C, Thornicroft. Public knowledge, attitudes and behaviour regarding people with mental illness in England 2009-2012. *British Journal of Psychiatry*. Suppl. 2013 Apr;55:s51-s57.

- 60) Friedrich, **Evans-Lacko S**, London J, Rhydderch D, Henderson C, Thornicroft G. Anti-stigma training for medical students – the Education not Discrimination project. *British Journal of Psychiatry. Suppl.* 2013 Apr;55:s89-s94.
- 61) Shefer G, Rose D, Nellums L, Thornicroft G, Henderson C, **Evans-Lacko S**. Our community is the worst’: the influence of cultural beliefs on stigma, relationships with family, and help seeking in three ethnic communities in London. *International Journal of Social Psychiatry.* 2013 Sep;59(6):535-44.
- 62) **Evans-Lacko S**, London J, Japhet S, Rüsç N, Corker E, Flach C, Henderson C and Thornicroft G. Mass social contact interventions and their effect on mental health related discrimination. *BMC Public Health.*2012, 12:489.
- 63) Paula CS, Bordin I, Wissow L., Lauridson E, **Evans-Lacko S**. How to improve the mental health care of children and adolescents in Brazil: actions needed in the public sector. *Revista Brasileira de Psiquiatria* 2012; (3):334-51.
- 64) **Evans-Lacko S**, Brohan E, Mojtabai, R\*, Thornicroft G\*. Association between public views of mental illness and self-stigma among individuals with mental illness in 14 European countries. *Psychological Medicine* 2012; 42(8):1741-1752.
- 65) Rüsç N\*; **Evans-Lacko S\***; Thornicroft G. What is a mental illness? Public views and their effects on attitudes and disclosure. *Australian and New Zealand Journal of Psychiatry.* 2012; 46(7):641-650.
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continuity of treatment for their child. *J Child Adolesc Psychopharmacol* 2009 August;19(4):377-83.

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- 85) **Evans-Lacko SE**, Jarrett M, McCrone P, Thornicroft G. Clinical pathways in psychiatry. *Br J Psychiatry* 2008 July;193(1):4-5.

### *Letters*

Fatori D, **Evans-Lacko S**, Bordin I, Paula CS. Child Mental Health Care in Brazil: Barriers and Achievements. *Lancet*. 2012 Jan 21; 379(9812): e16-17.

Dubugras MT, **Evans-Lacko S**, Mari JJ. The Portrayal of Schizophrenia in a Prestigious Newspaper in Brazil. *Psychiatric Services* 2011 May; 62(5):565.

**Evans-Lacko S**, Rose D, Henderson C, Thornicroft G. Comment on the evaluation of the Time to Change anti-stigma campaign *The Psychiatrist* 2010 December; 34: 541 - 542.

### *Book Chapters*

**Evans-Lacko S**, Knapp M. Healthcare – evaluating the overall system. Chapter for *Handbook of Social Policy Evaluation*.

**Evans-Lacko S.**, Gronholm P., Hankir A., Pingani L., Corrigan P. Practical Strategies to Fight Stigma. 2014. (In: *Psychiatry in Practice: A Guide for Early Career Psychiatrists*, ed. Fiorillo A., Volpe U., Bhugra D.)

Knapp M., **Evans-Lacko S**. Health Economics. 2014. (In *Rutter's Child and Adolescent Psychiatry* 6th Edition).

Rotter T., Kinsman L., James E., Machotta A., Ronellenfitsch U., Schwarzbach M., **Evans-Lacko S.**, Jong RJ. Clinical Pathways. 2014 (In: *European Observatory on Health Systems and Policies' Study "Improving quality in European health systems – a comprehensive framework approach,"* ed. Busse R., Klazinga N., Røttingen JA, Garrido MV.

Rüsch N; **Evans-Lacko S**; Clement S; Thornicroft G. Stigma, discrimination, social exclusion and mental health: A public health perspective. 2012. (In *Handbook on Global Public Health*, ed. Sommer M., Parker R.).

### *Policy and Technical Reports*

Knapp, M., Ardino, V., Brimblecombe, N., **Evans-Lacko, S.**, Iemmi, V., King, D. Snell, T, Murguia, S. Mbeah-Banks, H., Crane, S., Harris, A., Fowler, D. and Hodgekins, J. (2016) 'Youth mental health: new economic evidence'. London, PSSRU, LSE.

Thornicroft G, **Evans-Lacko S.**, Henderson C. Stigma and discrimination (2014). Annual Report of the Chief Medical Officer 2013, Public Mental Health Priorities: Investing in the Evidence.

Knapp M., Buescher A., **Evans-Lacko S.** Ferdinand M., Trachtenberg M. (2013). Kids Company Impact Analysis: Economic Impact Evaluation for DfE Grant Response. Personal Social Services Research Unit, London School of Economics and Political Science.

Knapp M., McDaid D, **Evans-Lacko S.**, Fitch C, King D. Debt and mental health In Knapp, M and McDaid, D and Parsonage, M (2011) Mental health promotion and prevention: the economic case. Personal Social Services Research Unit, London School of Economics and Political Science, London, UK.

Steinwachs D; **Evans S** (2006). Psychological Impact of Hurricane Katrina. (FEMA, Katrina Consequence and Projection Report).

Gehring W; **Evans S** (Eds.) (2006). Applying Principles of Learning and Technology in Diverse Educational Settings: In High Enrollment Courses. Proceedings from Transforming the Culture: Undergraduate Education and the Multiple Functions of the Research University. The Reinvention Center at Stony Brook.

Tuma F; Heinssen R; **Evans S** (2006). National Institute of Mental Health Report: Prevention of Traumatic Stress Disorders in High-Risk Occupations: Current Knowledge and Research Opportunities.

Aging Report: Mental Health for a Lifetime. Research for the Mental Health Needs of Older Americans. Report of the National Advisory Mental Health Council's Aging Research Workgroup. (2004) Staff Support for the Workgroup.

### **SELECTED PRESENTATIONS (PREVIOUS 5 YEARS)**

**Evans-Lacko** (2016). Evidence based strategies to reduce stigma and discrimination in a global context. Workshop on Mental Health Economics and Sociology HSE Centre for Health Economics, Management and Policy (CHEMP), St Petersburg, Russia.

**Evans-Lacko S.** (2015). *International perspectives: Evaluation of the Time to Change Programme in England.* Invited lecture. National Academy of Sciences / Institute of Medicine, Workshop on The Science of Changing Behavioral Health Social Norms: Opportunities and Strategies to Promote Behavior Change in Behavioral Health. Washington, D.C., USA.

**Evans-Lacko**, Knapp M. (2015). *Disclosure and secrecy about depression in the employment context: Individual and sociocultural factors in relation to disclosure across*

16 countries. Symposium / Oral Presentation. 7th International “Together Against Stigma” (TAS): Each Mind Matters. San Francisco, USA.

**Evans-Lacko S.**, Corker E., Williams P., Henderson C., Thornicroft G. (2015). *Trends in mental illness related public stigma among the English population in 2003-2013: Influence of the Time to Change anti-stigma campaign*. Symposium / Oral Presentation. 7th International “Together Against Stigma” (TAS): Each Mind Matters Program. San Francisco, USA.

**Evans-Lacko.** Muir T., Murukami Y., Guerchet M., Prina M., Banerjee S., Prince M. (2014). *Moving towards better quality of care for people with dementia: international perspectives for a viable research, practice and policy agenda*. Invited lecture. Commonwealth Fund's 17<sup>th</sup> International Symposium on Health Care Policy, “*Caring for High Need/High Cost Patients—The Test of a High Performing Health Care System,*” Washington, D.C., USA.

**Evans-Lacko S. (2014).** *Stigma as a barrier to recovery*. PSIVE Meeting Nuove e vecchie forme di discriminazione e disuguaglianza in salute mentale. Il modello Veneto alla prova dello stigma / New and old forms of discrimination and inequality in mental health. The Venice model against stigma. Venice, Italy.

**Evans-Lacko, S.,** Thornicroft G. (2014). *Stigma and discrimination in low and middle income countries: consequences and a call for interventions*. Symposium / Oral Presentation. World Psychiatric Association, Africa Regional Congress. Kampala, Uganda.

**Evans-Lacko S.,** Knapp M., McCrone P., Thornicroft G., Mojtabai R. (2014). *The mental health consequences of the recession: economic hardship and employment of people with mental health problems in 27 European countries*. 17th European Psychiatric Association (EPA) Meeting of the Section of Epidemiology and Social Psychiatry. Ulm, Germany.

**Evans-Lacko S.** (2014). *Macro-micro contexts in social psychiatry*. Symposium: The future of social psychiatry. European Congress of Psychiatry. Munich, Germany.

**Evans-Lacko S.** (2014). *Stigma and other barriers to care for young people with mental illness*. Public lecture. Durham University. Durham, UK.

**Evans-Lacko S.** (2013). *Economic crisis impact on mental health*. Invited Lecture. 1st Meeting on Psychiatry and Mental Health of Beatriz Ângelo Hospital. Lisbon, Portugal.

**Evans-Lacko S.** (2013). *Promotion of mental health in young people. Current challenges and future avenues*. Invited Lecture. Oporto Meeting on the Promotion of Mental Health in Young People. Current Challenges and Future Avenues. Oporto, Portugal.

**Evans-Lacko S.** (2013). *Evidence based interventions to reduce stigma and discrimination*. Invited Lecture. Il marchio speciale di speciale disperazione. Declinazioni



teorico-pratiche della lotta allo stigma in salute mentale/ Special session. Theoretical and practical facets of the fight against stigma in mental health. Reggio Emilia, Italy.

**Evans-Lacko S.** (2013). *How can we use social contact interventions to reduce stigma and discrimination against people with mental health problems.* Early Career Psychiatrists' Symposium - I don't want to talk about it! The role of stigma on suicide prevention. Invited Lecture. 21st European Congress of Psychiatry. Nice, France.

**Evans-Lacko S.** (2013). *Fighting Stigma.* Invited lecture. No place to hide – supporting mental health in schools, national conference. London, UK.

**Evans-Lacko S.** (2013). *The mental health consequences of the recession: economic hardship and employment of people with mental health problems in 27 European countries.* Symposium: The stigma associated with mental illness: Studies on its societal context and interventions. Tenth ENMESH (European Network for Mental Health Services Research) International Conference. Verona, Italy.

**Evans-Lacko S.** (2013). *Results of DELPHI exercises to identify research gaps and priorities areas for future funding.* Symposium. Towards a European Roadmap for Mental Health and Well-being (ROAMER): Identifying priorities for social inclusion and economic research. Tenth ENMESH (European Network for Mental Health Services Research). International Conference. Verona, Italy.

**Evans-Lacko S., Brohan E., Mojtabai R., Thornicroft G.** (2013). *Association between public views of mental illness and self-stigma among individuals with mental illness in 14 European countries.* Symposium: The stigma associated with mental illness: Studies on its societal context and interventions. 14th International Congress of the IFPE. Leipzig, Germany.

**Evans-Lacko S.** (2012). *Stigma and other barriers to care for young people with mental health problems.* Invited lecture. Student Conference on Mental Health. University of Oxford, UK.

**Evans-Lacko S, Gronholm P, Roberts R, Laurens K** (2012). *Evaluation of the National Time to Change Anti-Stigma Mass Media Campaign.* Oral presentation. Fifth International Stigma Conference, Ottawa, Canada.

**Evans-Lacko S, Paula, CS.** (2011). *How and Where to Treat Child and Adolescents with Mental Health Problems.* Invited Lecture. Programa de Pós-Graduação da Universidade Presbiteriana Mackenzie e Prefeitura Municipal de Barueri/ Postgraduate Programme of Mackenzie Presbyterian University and the City of Barueri. Sao Paulo, Brazil.

**Evans-Lacko S, Gronholm P, Roberts R, Laurens K** (2011). *Stigma and Other and Barriers to Health and Social Care Services Among Youth in Greater London.* Ninth European Network for Mental Health Services Conference, Ulm, Germany.

**Evans-Lacko S, Henderson C, Thornicroft G.** (2011). *Evaluation of England's National*

*Time to Change Mass-Media Anti-stigma Campaign: Results at 2 year follow-up.*  
Symposium: Mental illness stigma. DGPPN Congress (Annual Congress of the German Association for Psychiatry and Psychotherapy).

### **SPECIAL SKILLS**

Computers	SAS, STATA, SPSS, MPLUS, AMOS, N*VIVO
Languages	Fluent in Spanish, Advanced Slovak, Advanced Portuguese

### **COMMUNITY ACTIVITIES**

1993-2002	USA Safety Certified Gymnastics Coach
1996-1997	Nationally Competitive Gymnast
1993-2002	Member of <i>Etcetera</i> , String Quartet
1999-2000	Ferndale Summer Strings Orchestra Co-Coordinator. Conducted and ran an orchestra program for elementary and middle school students.