

prof. MUDr. Lucie Bankovská Motlová, Ph.D.

Lucie Bankovská Motlová graduated from the First Medical Faculty of Charles University in Prague. She completed a postgraduate study of psychiatry at the Medical Faculty of Charles University in Hradec Králové and a two-year educational programme at University of California Berkeley, USA. She specialises in psychiatry and systematic psychotherapy.

Since 1993, she has been uninterruptedly working for the Third Medical Faculty of Charles University. At present, she teaches psychiatry and medical psychology, is head of the Medical Psychology Department and Vice Dean for External Affairs, Development of the Academia and Social Affairs. She works as senior researcher in the National Institute for Mental Health.

Lucie Bankovská Motlová focuses her clinical and research interest on family psychoeducational programmes and other psychosocial interventions intended for patients with psychotic diseases with the aim to improve the prognosis of the schizophrenic disease. She currently deals with the topic of destigmatisation of mentally ill people.

She has published dozens of professional articles in both Czech and foreign press. She is co-author of the monographs *Schizofrenie (neurobiologie, klinický obraz, terapie)* (*Schizophrenia (Neurobiology, Clinical Image, Therapy)*), *Citový mozek (Emotional Brain)* (both with František Koukolík) and *Schizofrenie, jak předejít relapsu, aneb terapie pro 21. století* (*Schizophrenia, How to Prevent Relapse, or Therapy for the 21st Century*) (together with Filip Španiel).

She is co-author and professional guarantor of programmes appraised with Vondráček Prize: PREDUKA (Preventive Educational Programme Against a Relapse of Psychosis, 2007), ITAREPS (Programme of Prevention of a Relapse of Schizophrenia with the Use of Information Technologies, 2008), Programme for Good Health (2009), A Cookbook for People Ill with Psychosis and KOUZLA (Coaching for Better Adherence, 2010).

She is the laureate of many other prizes and awards, of which the dearest to her are her placings in the poll Syllabus's Chalk – she was declared the most popular teacher of grade 4 of Master's studies in the academic year 2012/2013 and placed third in the poll in 2008 and 2012.